



Meaningful Body

The first somatic therapy clinic in Atlantic Canada

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Consent for care — The Anat Baniel Method®

The Anat Baniel Method® is a type of health intervention that aims to improve human function through a guided sensory-motor learning process designed to bring attention to the parts of the self that are out of awareness. It involves delicate touch and non-invasive exploratory movements, performed with the client comfortably clothed, usually lying on a low table or sometimes in a sitting or standing position. These gentle manipulations are best understood as a "tactile dialogue" with the client's nervous system, whose purpose is to guide the client to an awareness of his or her habitual patterns of neuromuscular organization, and also to suggest new, expanded possibilities for self-expression.

The Anat Baniel Method® is generally considered safe for everyone as it does not force the client through any movements that are beyond his or her pain-free range of motion, and uses as little effort as possible to perform an activity. However, like all other kinds of therapy, it may carry some risk associated with the client's own actions performed in disregard of the practitioner's directions.

The Anat Baniel Method® is not intended to replace professional medical advice, diagnosis, or treatment.

As with any health intervention, the progress depends on many factors, and may vary substantially from person to person. Therefore, there are no guarantees of specific outcomes from the Anat Baniel Method®.

Your signature below affirms that:

- You have read and understood the information provided in this document.
- You freely agree to the application of the Anat Baniel Method® for your child by Tatiana Reymarova, a certified practitioner of this modality, at the Meaningful Body Clinic.
- You assume all financial responsibility regarding payment for the Anat Baniel Method® therapy (and related supplies) provided by Tatiana Reymarova.
- You assume all risks associated with your child's participation in the Anat Baniel Method® therapy and all responsibility for losses and damages that can occur as a result.

Name of client (printed): _____

Name of parent/guardian (printed): _____

Signature of parent/guardian: _____

Date: _____